

# CORPORATE SPECIALS

Disposable serving utensils and wire frame chafers are available for a nominal fee. We provide full service catering with professional wait staff, stainless or silver chafers, china, silverware, glasses, linens, tables, chairs, floral, and tents can be provided at an additional charge.

## HOT BUFFET SELECTIONS

**Minimum 10 guests PER  
hot entrée selection**

GRILLED CHICKEN BREAST  
HERB ROASTED POTATOES  
GARDEN SALAD  
ROLL AND BUTTER  
\$12.95/GUEST

CHICKEN VEGETABLE STIR FRY  
BROWN RICE  
ORGANIC FIELD GREENS  
ROLL AND BUTTER  
\$13.50/GUEST

BEEF KABOBS AND CHICKEN KABOBS  
MEDITERRANEAN RICE  
GREEK SALAD  
PITA BREAD  
\$16.95/GUEST

CHICKEN FRIED CHICKEN  
MASHED POTATOES AND GRAVY  
GREEN BEANS  
ROLL AND BUTTER  
\$13.50/GUEST

BALSAMIC GLAZED CHICKEN  
CRANBERRY RICE  
ROMAINE SALAD WITH  
MANDARIN ORANGES  
ROLL AND BUTTER  
\$13.95/GUEST

BLACKENED TILAPIA  
MASHED POTATOES  
SAUTÉED VEGETABLES  
ROLL AND BUTTER  
\$14.50/GUEST

PECAN CRUSTED CHICKEN  
CREOLE MUSTARD SAUCE  
NEW POTATOES AND GREEN BEANS  
CLASSIC CAESAR SALAD  
ROLL AND BUTTER  
\$14.25/GUEST



**Minimum \$150 PER food order**

PENNE PASTA WITH GRILLED CHICKEN,  
ARTICHOKES, SUN-DRIED TOMATOES, AND PEAS  
WITH PESTO CREAM SAUCE  
CLASSIC CAESAR SALAD  
GARLIC BREAD  
\$13.75/GUEST

SPECIAL CHICKEN CHILI  
WITH CHEESE AND CHOPPED ONIONS  
GARDEN SALAD  
HOMEMADE CORNBREAD  
\$12.95/GUEST

SOUTHWEST CHICKEN CREPES  
ROASTED POBLANO SAUCE  
LIME CILANTRO RICE  
SOUTHWEST SALAD  
ROLL AND BUTTER  
\$13.95/GUEST

PARMESAN CHICKEN  
PENNE PASTA  
SAUTÉED VEGETABLES  
GARLIC BREAD  
\$13.50/GUEST

SOUTHWEST SHRIMP CREPES  
ROASTED POBLANO SAUCE  
LIME CILANTRO RICE  
SOUTHWEST SALAD  
ROLL AND BUTTER  
\$15.95/GUEST

PANKO PUMPKIN SEED CRUSTED CHICKEN  
BROWN RICE  
SOUTHWEST SALAD  
ROLL AND BUTTER  
\$13.95/GUEST

SOUTHWEST CHICKEN ROULADE  
SPANISH RICE  
SOUTHWEST SALAD  
ROLL AND BUTTER  
\$13.95/GUEST



to place your orders please  
call or email: **713.484.9000**  
[order@freshfoodscatering.com](mailto:order@freshfoodscatering.com)  
4530 Beechnut  
Houston, TX 77096

**Minimum \$150 Food Order**

**HOT BUFFET SELECTIONS**

**Minimum 10 guests PER hot entrée selection**



**BEEF STROGANOFF  
BUTTERED NOODLES  
JULIENNE VEGETABLES  
ROLL AND BUTTER  
\$13.95/GUEST**



**BLACKENED CHICKEN  
MASHED POTATOES  
SAUTEED SEASONAL SQUASH  
CORNBREAD AND BUTTER  
\$13.50/GUEST**

**MEDITERRANEAN CHICKEN  
WITH OLIVES, SUN-DRIED TOMATOES AND LEMON  
RICE PILAF WITH PINE NUTS  
GREEK SALAD  
PITA BREAD  
\$13.95/GUEST**

**FARM STYLE BEEF STEW  
WITH GREEN BEANS, CARROTS AND POTATOES  
GARDEN SALAD  
ROLL AND BUTTER  
\$13.95/GUEST**

**CHICKEN ENCHILADAS VERDES  
SPANISH RICE  
TOMATO AVOCADO SALAD  
TORTILLA CHIPS AND SALSA  
\$12.95/GUEST**



**EGGPLANT CASSEROLE WITH BEEF  
STEAMED FALL VEGETABLES  
MIXED SALAD GREENS  
ROLL AND BUTTER  
\$13.95/GUEST**

**BEEF AND CHICKEN FAJITAS  
GUACAMOLE, PICO DE GALLO,  
SOUR CREAM AND GRATED CHEESE  
FIESTA RICE AND REFRIED BEANS  
TORTILLA CHIPS AND SALSA  
\$15.95/GUEST  
ADD \$3.50/CHILI CON QUESO**

**ALMOND CRUSTED TILAPIA  
JASMINE RICE  
SAUTEED VEGETABLES  
ROLL AND BUTTER  
\$14.50/GUEST**

**LAYERED VEGETARIAN LASAGNA  
GREEN SALAD WITH TORTILLA STRIPS  
CILANTRO DRESSING  
GARLIC BREAD  
\$13.50/GUEST**

**BEEF & CHEESE ENCHILADAS  
SPANISH RICE  
MIXED GREEN SALAD  
TORTILLA CHIPS AND SALSA  
\$13.95/GUEST**

**SESAME CHICKEN  
HONEY MUSTARD SAUCE  
RED SKINNED MASHED POTATOES  
GARDEN SALAD  
ROLL AND BUTTER  
\$13.75/GUEST**

**BLACKENED SALMON  
AU GRATIN POTATOES  
SAUTEED SQUASH  
ROLL & BUTTER  
\$15.95/GUEST**



**RED CHILI SHRIMP  
SESAME NOODLES  
LEMON BROCOLI  
ROLL AND BUTTER  
\$16.95/GUEST**

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**ADD ON ADDITIONAL WARM SIDES:**

**Minimum 10 PER warm side selection**

GREEN BEANS	\$3.50/SERVING
ROASTED ASPARAGUS	\$4.00/SERVING
ROASTED VEGETABLES	\$3.50/SERVING
STEAMED VEGETABLES	\$3.50/SERVING
SAUTÉED VEGETABLES	\$3.50/SERVING
MASHED POTATOES	\$3.00/SERVING
SPANISH RICE	\$3.00/SERVING
HERB ROASTED POTATOES	\$3.00/SERVING
POTATO WEDGES	\$3.00/SERVING
RICE PRIMAVERA	\$3.00/SERVING
LIME CILANTRO RICE	\$3.00/SERVING
GRILLED VEGETABLES	\$4.00/SERVING

**HOMEMADE SOUP SELECTIONS**

**Minimum 10 guests PER soup selection**

TOMATO BASIL	
CHICKEN OR VEGETARIAN TORTILLA	
BLACK BEAN	CHICKEN NOODLE
BUTTERNUT SQUASH	MINISTRONE
GARDEN VEGETABLE	CREAM OF MUSHROOM
\$3.95/SERVING	

**BUILD YOUR OWN DELI TRAYS**

**MINIMUM 10 GUESTS PLEASE**

**BOAR'S HEAD MEAT AND CHEESE TRAY:**

TURKEY, ROAST BEEF AND HAM  
 PROVOLONE, CHEDDAR AND SWISS  
 ASSORTED FRESH-BAKED BREAD  
 LETTUCE, TOMATO AND PICKLES  
 MUSTARD AND MAYONNAISE  
**\$8.50/GUEST**

**POTATO CHIPS**  
**\$ .95 EACH**

**ADD A SIDE SALAD:**

**Minimum 10 PER Side Selection**

GARDEN SALAD	\$3.50/SERVING
CAESAR SALAD	\$3.50/SERVING
GREEK SALAD	\$3.75/SERVING
ITALIAN SALAD	\$3.75/SERVING
FIELD GREEN SALAD	\$4.00/SERVING
FALL SALAD	\$4.50/SERVING
TOMATO AVOCADO SALAD	\$3.50/SERVING
SOUTHWEST SALAD	\$3.75/SERVING
GUACAMOLE	\$3.50/SERVING

**ADD ON ADDITIONAL SIDES:**

**Minimum 10 PER cold side salad selection**

CLASSIC POTATO SALAD	\$3.00/GUEST
BAKED POTATO SALAD	\$3.00/GUEST
CREAMY COLE SLAW	\$3.00/GUEST
GERMAN POTATO SALAD	\$3.00/GUEST
COLLARD SLAW	\$3.50/GUEST
CREOLE POTATO SALAD	\$3.00/GUEST
MARINATED VEGETABLE	\$3.50/GUEST
MOROCCAN COUSCOUS	\$3.50/GUEST
CHEF'S PASTA SALAD	\$3.00/GUEST
TOMATO AVOCADO	\$3.50/GUEST
FRESH FRUIT SALAD	\$3.50/GUEST
TOMATO CUCUMBER	\$3.50/GUEST
GUACAMOLE	\$3.50/GUEST
FRESH SEASONAL BERRIES	\$6.95/GUEST
SPICY EGGPLANT SALAD	\$3.50/GUEST
GREEK ORZO SALAD	\$3.50/GUEST
BLACK BEAN AND CORN SALAD	\$3.00/GUEST
THAI NOODLE SALAD	\$3.00/GUEST
JICAMA MANDARIN ORANGE	\$3.50/GUEST
PASTA MILANO SALAD	\$3.75/GUEST
SESAME KALE SALAD	\$3.50/GUEST
CARNIVAL QUINOA SALAD	\$3.95/GUEST
NOUVEAU CAPRESE SALAD	\$4.50/GUEST
ASIAN COLE SLAW	\$3.50/GUEST

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## SANDWICH, WRAP OR SALAD BOX LUNCH

**Minimum 10 box lunches  
Minimums PER selection  
listed below**



**CALIFORNIA TURKEY WRAP  
POTATO CHIPS  
FRESH FRUIT CUP  
GIANT COOKIE  
MINIMUM 5 - \$10.95/BOX LUNCH**

**CHICKEN FAJITA WRAP  
BLACK BEAN AND CORN SALAD  
FRESH FRUIT CUP  
GIANT COOKIE  
MINIMUM 5 - \$11.95/BOX LUNCH**

**DELI WRAP OR SANDWICH  
TURKEY & PROVOLONE, ROAST BEEF &  
CHEDDAR, CHICKEN OR TUNA SALAD,  
HAM & SWISS, OR GRILLED VEGETABLE  
CHEF'S PASTA SALAD  
FRESH FRUIT SALAD  
GIANT COOKIE  
MINIMUM 5 - \$11.50/BOX LUNCH  
ADD .50 ROAST BEEF**

**AVOCADO WITH TARRAGON CHICKEN SALAD  
CHEF'S PASTA SALAD  
FRESH FRUIT SALAD  
CRACKERS  
GIANT COOKIE  
MINIMUM 5 - \$11.50/BOX LUNCH**

**TURKEY CLUB SANDWICH  
CHEF'S PASTA SALAD  
FRESH FRUIT CUP  
GIANT COOKIE  
MINIMUM 5 - \$11.50/BOX LUNCH**

**MEDITERRANEAN WRAP  
HUMMUS, CUCUMBER, LETTUCE,  
TOMATO AND SPROUTS  
CHEF'S PASTA SALAD  
FRESH FRUIT SALAD  
GIANT COOKIE  
MINIMUM 3 - \$11.50/BOX LUNCH**

**GRILLED VEGETABLE ON CIABATTA  
CHEF'S PASTA SALAD  
FRESH FRUIT SALAD  
GIANT COOKIE  
MINIMUM 1 - \$11.50/BOX LUNCH**

**SOUTHWEST CHICKEN WRAP WITH SALSA  
CHEF'S PASTA SALAD  
FRESH FRUIT SALAD  
GIANT COOKIE  
MINIMUM 3 - \$11.50/BOX LUNCH**

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JORGE FORTOZO • EXECUTIVE CHEF**

**GARDEN SALAD WITH CHICKEN  
RANCH OR BALSAMIC DRESSING  
ROLL AND BUTTER  
GIANT COOKIE**

**MINIMUM 3 - \$11.50/BOX LUNCH**

**GARDEN SALAD W/PECAN CHICKEN TENDERS  
CREOLE MUSTARD DRESSING  
ROLL AND BUTTER  
GIANT COOKIE**

**MINIMUM 3 - \$11.95/LUNCH BOX**

**CHINESE CHICKEN SALAD WITH CHICKEN  
TOPPED WITH WONTON CRISPS  
SESAME GINGER DRESSING  
ROLL AND BUTTER  
FORTUNE COOKIES**

**MINIMUM 5 - \$11.50/BOX LUNCH**

**MEXICAN COBB SALAD WITH CHICKEN  
SOUTHWESTERN RANCH DRESSING  
ROLL AND BUTTER  
GIANT COOKIE**

**MINIMUM 5 - \$11.95/BOX LUNCH**

**SPRING FIELD SALAD WITH CHICKEN  
CRANBERRIES, ORANGES, FETA & ALMONDS  
BALSAMIC DRESSING  
ROLL AND BUTTER  
GIANT COOKIE**

**MINIMUM 5 - \$11.95/GUEST**

**CHICKEN SALAD TRIO  
CHEF'S PASTA SALAD  
FRESH FRUIT SALAD  
ROLL AND BUTTER  
GIANT COOKIE**

**MINIMUM 3 - \$11.50/GUEST**

**SOUTHWEST SALAD WITH GRILLED CHICKEN  
CILANTRO DRESSING  
ROLL AND BUTTER  
GIANT COOKIE**

**MINIMUM 5 - \$11.95/BOX LUNCH**



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## **WARM SANDWICHES BOX LUNCHES**

**Minimum 10 box lunches  
Minimums PER selection  
listed below**



**BBQ BEEF ON SESAME BUN  
BBQ SAUCE, SLICED PICKLES AND ONIONS,  
POTATO SALAD, COLESLAW, A GIANT COOKIE  
MINIMUM 5 - \$12.95/BOX LUNCH**

**BBQ CHICKEN ON SESAME BUN  
BBQ SAUCE, SLICED PICKLES AND ONIONS,  
POTATO SALAD, COLESLAW,  
A GIANT COOKIE  
MINIMUM 5 - \$11.95/BOX LUNCH**

**GRILLED CHICKEN WITH MOZZARELLA,  
AVOCADO, AND CARAMELIZED ONION  
POTATO CHIPS, FRESH FRUIT CUP  
AND A GIANT COOKIE  
MINIMUM 5 - \$11.50/BOX LUNCH**

**GRILLED CHICKEN WITH SUN-DRIED  
TOMATOES AND PESTO  
PASTA SALAD, FRESH FRUIT CUP  
AND A GIANT COOKIE  
MINIMUM 5 - \$11.75/BOX LUNCH**

**BEEF FAJITA WITH GRILLED ONIONS  
AND PEPPERS, FLOUR TORTILLAS,  
GUACAMOLE, SOUR CREAM, PICO DE GALLO,  
SHREDDED CHEESE, BLACK BEAN CORN  
SALAD, TORTILLA CHIPS AND SALSA AND A  
GIANT COOKIE  
MINIMUM 5 - \$13.95/BOX LUNCH**

**CHICKEN FAJITA WITH  
GRILLED ONIONS AND PEPPERS  
TORTILLAS, SOUR CREAM, PICO DE GALLO,  
CHEESE, BLACK BEAN CORN SALAD,  
TORTILLA CHIPS AND GUACAMOLE  
AND A GIANT COOKIE  
MINIMUM 5 - \$12.95/BOX LUNCH**

**CHICKEN PARMESAN ON SESAME BUN  
PASTA MILANO SALAD, FRESH FRUIT CUP  
AND A GIANT COOKIE  
MINIMUM 5 - \$11.95/BOX LUNCH**

**SESAME CHICKEN TENDERS  
HONEY MUSTARD SAUCE, POTATO SALAD, BABY  
CARROTS WITH RANCH DIP  
AND A GIANT COOKIE  
MINIMUM 5 - \$10.95/BOX LUNCH**

**BEEF FAJITA "BURRITO STYLE" WRAP  
SOUTHWEST CAESAR SALAD, POTATO CHIPS  
AND A GIANT COOKIE  
MINIMUM 5 - \$12.95/BOX LUNCH**

**CHICKEN FAJITA "BURRITO STYLE" WRAP  
SOUTHWEST CAESAR SALAD, POTATO CHIPS  
AND A GIANT COOKIE  
MINIMUM 5 - \$11.95/BOX LUNCH**

**PORTOBELLO MUSHROOM FAJITA  
"BURRITO STYLE" WRAP  
SOUTHWEST CAESAR SALAD, POTATO CHIPS  
AND A GIANT COOKIE  
MINIMUM 3 - \$12.95/BOX LUNCH**

**HOMEMADE CHEESEBURGER  
POTATO CHIPS, BABY CARROTS WITH RANCH DIP  
AND A GIANT COOKIE  
(HOMEMADE HAMBURGER OR VEGGIE BURGER  
ALSO AVAILABLE)  
MINIMUM 10 - \$12.50/BOX LUNCH**

**BLACKENED CHICKEN BREAST ON CIABATTA  
WITH CREOLE MUSTARD, PASTA MILANO SALAD,  
FRESH FRUIT SALAD  
AND A GIANT COOKIE  
MINIMUM 5 - \$11.95/BOX LUNCH**



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## DESSERT SELECTIONS

**Minimum 10 PER dessert selection**

ASSORTED DESSERT TRAY  
CHEF'S SELECTION FROM SEASONAL PIE,  
CHEESECAKE AND CAKE SQUARE  
\$3.95/GUEST

ASSORTED CAKE SQUARES  
\$3.75 EACH

CHOCOLATE MOUSSE  
\$4.50/SERVING

CHEESECAKE WITH STRAWBERRIES  
\$3.75/SERVING

FRESH SEASONAL FRUIT CUP  
\$3.50/SERVING

CHOCOLATE DIPPED STRAWBERRIES  
MINIMUM 2 DOZEN  
\$24.00/DOZEN

HALF PAN WARM COBBLER OF THE DAY  
\$27.50/SERVES 10 TO 12



## CELEBRATION CAKES

**48 HOURS NOTICE**

- ITALIAN CREME
- CARROT CAKE WITH CREAM CHEESE ICING
- CHOCOLATE GANACHE
- CHOCOLATE FUDGE
- VANILLA OR CHOCOLATE BUTTER CREAM
- STRAWBERRY CREAM (SEASONAL)
- LEMON CHIFFON

10" ROUND	\$40	(SERVES 12-14)
QUARTER SHEETS	\$65	(SERVES 20-24)
HALF SHEETS	\$125	(SERVES 40-48)
FULL SHEETS	\$165	(SERVES 90-98)

Optional: Inscribed with name or message  
no charge

\*Special decor or logo an additional charge  
with 72 hours notice



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## ADD DESSERT TRAYS:

ASSORTED GIANT COOKIE TRAY  
(CHOCOLATE CHIP, OATMEAL RAISIN AND WHITE  
CHOCOLATE MACADAMIA)

SMALL	(1 DOZEN)	\$27.00
MEDIUM	(1½ DOZEN)	\$54.00
LARGE	(2 DOZEN)	\$81.00

ASSORTED DESSERT BARS  
(LEMON, BROWNIE AND TOFFEE)

SMALL	(1 DOZEN)	\$35.40
MEDIUM	(2 DOZEN)	\$70.80
LARGE	(3 DOZEN)	\$106.20

FRESH SEASONAL FRUIT TRAY

SMALL	\$45.00	SERVES 10 TO 15
MEDIUM	\$60.00	SERVES 25 TO 30
LARGE	\$75.00	SERVES 35 TO 40

## BEVERAGES

Includes Condiments, Cups and Napkins  
Styrofoam Ice Chests available @ \$6.00 Each  
Bag of Ice @\$4.95

FRESH SQUEEZED LEMONADE  
\$17.50/GALLON

FRESH BREWED ICED TEA  
\$15.00/GALLON

FRESH BREWED FLAVORED ICED TEA  
CHOICE OF PEACH OR RASPBERRY  
\$17.50/GALLON

BOTTLED WATER  
\$1.50 Each

SODAS: COKE, DIET COKE, SPRITE,  
DR. PEPPER OR DIET DR. PEPPER  
\$1.75 Each

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**CALL US TO CATER YOUR OFFICE OPEN HOUSES AND PARTIES IN YOUR OFFICE, HOME OR PRIVATE VENUE.**

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**Minimum \$150 Food Delivery**

**Delivery Available – Charged by zip code. Please specify if you want Delivery Drop Off, Delivery/Set Up or if you need Wait Staff**

**PAYMENT**

Fresh Foods Catering accepts Visa, Master Card, American Express and Discover

**CANCELLATION**

24-hour notice is required to avoid a 100% cancellation fee, including for inclement weather

**TAX**

8.25% sales tax will be added to all orders.

**NOTE:**

Tax exempt customers must supply a tax-exempt certificate 5 days in advance of event date

**\*\*\* Ask us about Full-Service Catering from 10 to 3,000 Guests**

Breakfast, Brunch, Morning Coffees, Lunch (Box, Buffet, Seated), Dinner, (Buffet, Family-Style or Seated), All-Day Seminars, TRAINING, Retirement Receptions, Recruiting Events, Open House Receptions, Birthdays, Rehearsal Dinner, Themed Events, Engagements, Bridal Luncheons, Weddings, Anniversary, Christenings, Bris/Baby Namings, Bar Mitzvahs, Confirmations, Graduations, Family Reunions, Cocktail Parties (Home, Office or Private Venues), Holiday Parties, Progressive Dinners, Galas, Non-Profit Events and Out-of Town Events

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